



St. John Ambulance Saint-Jean

St. John Ambulance certifies that

CONNIE J MATCHIM

has completed

Intermediate First Aid CPR C/AED (Standard)

Class #: COUR-1192-NL-271225-5854

Expiry Date: Dec 28, 2028

Reference #: 1328483501

Issued By/On: St. John Council for Newfoundland & Labrador Inc. Dec 28, 2025



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Level C CPR/AED

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Lessons taught

- | | |
|--|----------------------------------|
| 1. Roles and Responsibilities, ESM | 2. Adult Resuscitation |
| 3. Child and Infant Resuscitation | 4. Two-Rescuer CPR |
| 5. Medical Conditions | 5. Anaphylaxis |
| 6. Moving & Transporting Casualties | 7. ESM Trauma |
| 8. Severe Bleeding & Amputations | 9. Wound Care |
| 10. Burns | 11. Head & Face Injuries |
| 12. Secondary Survey | 13. Multiple Casualty Management |
| 14. Chest & Abdominal Injuries | 15. Bone & Joint Injuries |
| 16. Environmental Injuries and Illnesses | 17. Poisonings |
| 18. Mental Health Awareness | |

Cardiopulmonary Resuscitation Levels:

- Level A: One-rescuer CPR and choking manoeuvres for an adult casualty
- Level B: One-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- Level C: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- BLS/HCP: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties. AR, BVM, AED included
- Level E: Customized courses that provide training for special needs group
- AED: Understanding the knowledge and skill to safely use an AED (Automated External Defibrillator)

Annual retraining in CPR is recommended