

1258637 B.C. Ltd.
Pacific Coastal College of Massage Therapy
1152 Mainland Street, Suite 430, Vancouver, BC V6B 4X2
1-877-768-8400
info@pccmt.ca

77500197

Pacific Coastal College of Massage Therapy is designated by the Private Training Institutions Regulatory Unit (PTIRU)

STUDENT INFORMATION

Beday	Tiffany Rachelle
Last Name	First Name & Middle Name
Tiphanie	
Usual First Name	Personal Education Number (if available)
394 WIng Pl, Kamloops, British Columbia V2C 0H2	
Mailing Address	
Mailing Address in Canada (if available and different from above)	
2506822727	tiphanie0426@icloud.com
Student Telephone Number	Student Email Address
International Student:	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Do you have a study permit?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If you do not have a study permit, do you have a permit, visa or other written authorization to study in Canada other than a study permit?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Country of Citizenship (International Student)	

Date of Birth:	1	9	8	0	0	4	2	6	Gender	<input checked="" type="checkbox"/> Female	<input type="checkbox"/> Male	<input type="checkbox"/> Non-binary
	Y	Y	Y	Y	M	M	D	D				

VOLUNTARY DISCLOSURE

You may voluntarily provide the personal information listed below:

Do you identify yourself as an Indigenous person, that is, First Nations, Métis, or Inuit?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If you answered "Yes", please indicate if you are	<input type="checkbox"/> First Nations <input type="checkbox"/> Métis <input type="checkbox"/> Inuit

Do you have a long-term physical or mental health condition that limits the kind of activity that you can perform on a daily basis?		<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
PROGRAM INFORMATION			
Massage Therapy – Year 1		English	
Program Title		Language of Instruction	
1000 hours		30 weeks	
Hours of Instruction During Contract Term		Program Duration in Weeks	
2025-02-12		2025-09-10	
Contract Start Date		Contract End Date	
Credential Issued on Graduation		<input checked="" type="checkbox"/> Diploma <input type="checkbox"/> Certificate <input checked="" type="checkbox"/> Other Transcripts – Diploma awarded after Year 2 If 'Other', indicate credential type	
Program Delivery Method <i>*Synchronous distance delivery means students attend classes virtually in 'real time' with instructors and classmates.</i> <i>* Asynchronous distance learning means students and instructors do not meet in 'real time'. There is no live video portion of the program. Students in a program may move through assignments at their own pace, supported by online resources such as recorded lectures, reading material, assignments and discussion groups.</i>		<input type="checkbox"/> In-class <input checked="" type="checkbox"/> Combined <input type="checkbox"/> Distance – Synchronous* <input type="checkbox"/> Distance – Asynchronous* <input type="checkbox"/> Distance – Both Synchronous and Asynchronous*	
Theory – Virtual Attendance 25.2 hours/week Practical Instruction – In-class 16 hours/month Work experience (Practicum I) – On a host site and student clinic 8 hours/week after Module 4 Outreach – On a host site 8 hours.			
Required course materials and technological resources not provided by the institution (if applicable): Reliable internet and device e.g. computer or tablet with a keyboard.			
PROGRAM ADMISSION REQUIREMENTS – MAY NOT BE WAIVED BY THE STUDENT OR THE INSTITUTION			
<ul style="list-style-type: none"> • Government Issued Identification showing 19 years or older. • Proficiency in reading and writing English as demonstrated by a minimum grade of C in a High School Diploma or Higher Education or required to achieve at least 65% or equivalent in the PTIRU recommended English Proficiency Assessment. • Clean Criminal Record Check. 			

Transfer Students must show:

- Degree/Diploma in physiotherapy with transcripts showing overall marks of 75% or higher.
- Degree/Diploma in traditional Chinese medicine with transcripts showing overall marks of 75% or higher.
- Completed equivalent of 1000 hours of massage training at another massage college with overall marks of 75% or higher.

PROGRAM OUTLINE

The program outline is appended to this contract. Please read it and sign to acknowledge understanding of the information provided.

STATEMENT OF STUDENT RIGHTS

Pacific Coastal College of Massage Therapy is certified with the Private Training Institutions Regulatory Unit (PTIRU) of the British Columbia Ministry of Post-Secondary Education and Future Skills.

Before you enroll at a certified private training institution, you should be aware of your rights and responsibilities.

You have the right to be treated **fairly** and **respectfully** by the institution.

You have the right to a **student enrolment contract** that includes the following information:

- amount of tuition and any additional fee for your program
- refund policy
- if your program includes a work experience, the requirements to participate in the work experience and the geographic area where it will be provided
- whether the program was approved by PTIRU or does not require approval.

Make sure you read the contract before signing. The institution must provide you with a signed copy.

You have the right to access the institution's **dispute resolution process** and to be **protected against retaliation** for making a complaint.

You have the right to make a **claim** to PTIRU for a **tuition refund** if:

- your institution ceased to hold a certificate before you completed an approved program
- you were misled about a significant aspect of your approved program.

You must file the claim within **one year** of completing, being dismissed or withdrawing from your program.

Student Responsibilities

You have the responsibility to:

- Learn the College's program, rules, policies and the assigned instructors.
- Follow all directives and make use of every resource and opportunity to achieve academic success.
- Request for academic assistance when needed.
- When you sign the contract, you should be prepared to pay a registration/application fee.

For more information about PTIRU and how to be an informed student, go to:
<http://www.privatetraininginstitutions.gov.bc.ca/students/be-an-informed-student>.

WORK EXPERIENCE (if applicable)

Date(s) on which work experience is intended to be provided:

Number of hours of the work experience:

Estimate of the costs to complete:

Geographic area or region of the province where the work experience will be provided:

Requirements for participation:

- Enrolment and completion of Module 1-4 of Year One of the Massage Therapy Program.

Estimate of the costs to complete:

- It may cost approximately \$500/year for massage supplies and travel to location of outreach or host sites.

Geographic area or region of the province where the work experience will be provided:

- Main practicum location will be the Pacific Coastal College of Massage Therapy, Vancouver.
- Outreach/ host locations will be within the Province of British Columbia including but not limited to the lower mainland and Vancouver Island.

Date(s) on which work experience is intended to be provided:

- After Module 4: _____ to the Program End Date _____
- Number of hours of the work experience:** Minimum 330 hours (110 in Year 1 and 220 in Year 2)

REGULATORY REQUIREMENTS

In order to become a Registered Massage Therapist (RMT) in the province of British Columbia, graduates must meet the entry-to-practice requirements outlined by the College of Complementary Health Professionals of British Columbia (CCHPBC). CCHPBC is a regulatory college in BC governed by the Health Professions Act. As mandated by the Act, it is the responsibility of CCHPBC to govern their registrant in the public interest. Clarification about the "Health Professions Act" is provided in the Health Professions General Regulations. More information about massage therapy can be found in the Massage Therapists Regulation.

PROGRAM COSTS

Total tuition payable during contract term	\$ 13,998.00
Application fee	\$ (150.00)
Assessment fee (Itemized)	\$
<ul style="list-style-type: none"> Final Practical Exam - \$125 and Final Theory Exam - \$125) \$ 250 if rescheduled 	\$250
Administrative fee (Itemized)	\$

<ul style="list-style-type: none"> Accounts Set-up and administration (Moodle, Outlook, Jane App, Scheduling Software, Campus Login etc.) \$132.50 Book-box creation and postage fees @ \$46.50 	\$ 179
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Fees for textbooks or other course materials, including equipment and uniforms	\$ 3,010.00
<i>(Itemized, e.g. the individual cost of each textbook)</i>	

<ul style="list-style-type: none"> Trail Guide Textbook @ \$113.06 (Y1 & Y2) Trail Guide workbook @ \$45.01 (Y1 & Y2) Talking Body Listening Hands @ \$44.50 Principles of Anatomy and Physiology @ \$132.50 (Y1 & Y2) Outcome-Based Massage: Across the Continuum of Care @ \$119.60 (Y1 & Y2) Scrub tops (2) @ \$85 Massage table @ \$495 Year One Study Guide binder @ \$107.33 First Day practical supplies @ \$189: <ul style="list-style-type: none"> ID Card with instructions @ \$35.00 Oil/lotion samples @ \$25 Laundry bag @ \$30 Linen set (2) @ \$65 Blankets (1) @ \$34 	\$ 1,331
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Other mandatory fees (fees students must pay that are <u>not</u> in relation to an approved program) (Itemized)	\$ 1,250
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<ul style="list-style-type: none"> <i>Clinical placement fees (\$1,250)</i> <i>If the Attendance Exchange Make-up policy is enacted, the student would pay \$100/hour to make up missed class time.</i> 	\$ 1,250
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TOTAL PROGRAM COSTS	\$ 17,008.00
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PAYMENT TERMS

Method of payment:	<input type="checkbox"/> Cash	<input type="checkbox"/> Cheque
	<input type="checkbox"/> Credit Card	<input type="checkbox"/> Other:
[If applicable, include payment plan here.]		

REFUND POLICY

Approved Programs – In-class, Combined Delivery, or Synchronous Distance Delivery	Refund Due
Before program start date, institution receives a notice of withdrawal:	

Approved Programs – In-class, Combined Delivery, or Synchronous Distance Delivery	Refund Due
<ul style="list-style-type: none"> No later than seven days after student signed the enrolment contract, and Before the program start date. 	100% of tuition and all related fees, other than application fee. Related fees include: administrative fees, application fees, assessment fees, and fees charged for textbooks or other course materials, and unused aircraft utilization fees.
<ul style="list-style-type: none"> More than seven days after student signed the enrolment contract, and Before the program start date. 	Institution may retain up to 10% of tuition, to a maximum of \$1,000 paid or payable under a contract.
After the program start date, the institution provides a notice of dismissal or receive a notice of withdrawal (applies to all programs):	
<ul style="list-style-type: none"> No later than seven days after the program start date, the institution provides a notice of dismissal or receives a notice of withdrawal 	Institution may retain up to 10% of tuition, to a maximum of \$1,000 paid or payable under a contract.
After program start date, institution provides a notice of dismissal or receives a notice of withdrawal (applies to all approved programs, other than solely-asynchronous distance-education-only programs):	
<ul style="list-style-type: none"> After the program start date, and up to and including 10% of instruction hours have been provided. 	Institution may retain up to 10% of tuition paid or payable under a contract.
<ul style="list-style-type: none"> After the program start date, and after more than 10% but before 30% of instruction hours have been provided. 	Institution may retain up to 30% of tuition paid or payable under a contract.
<ul style="list-style-type: none"> After the program start date, and after more than 30% but before 50% of instruction hours have been provided. 	Institution may retain up to 50% of tuition paid or payable under a contract.
<ul style="list-style-type: none"> After the program start date, and after more than 50% of instruction hours have been provided. 	No refund due
Student does not attend – “no-show” (applies to all students except those enrolled in a program delivered solely by asynchronous distance education):	
<ul style="list-style-type: none"> A student does not attend the first 30% of the program. 	Institution may retain up to 50% of the tuition paid under a contract.

Approved Programs – In-class, Combined Delivery, or Synchronous Distance Delivery	Refund Due
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Institution receives a refusal of study permit (applies to international students requiring a study permit):	
<ul style="list-style-type: none"> • Before 30% of instruction hours would have been provided, had the student started the program on the later of the following: <ul style="list-style-type: none"> a) The program start date in the most recent Letter of Acceptance b) The program start date in the enrolment contract • Student has not requested additional Letter(s) of Acceptance. 	100% tuition and all related fees, other than application fee.

Approved Programs – Solely Asynchronous Distance Delivery	Refund Due
Before program start date, institution receives a notice of withdrawal:	
<ul style="list-style-type: none"> • No later than seven days after student signed the enrolment contract, and • Before the program start date. 	100% of tuition and all related fees, other than application fee. Related fees include: administrative fees, application fees, assessment fees, and fees charged for textbooks or other course materials, and aircraft utilization fees.
<ul style="list-style-type: none"> • More than seven days after student signed the enrolment contract, and • Before the program start date. 	Institution may retain up to 10% of tuition, to a maximum of \$1,000 paid or payable under a contract.
After program start date, institution provides a notice of dismissal or receives a notice of withdrawal (applies to only approved solely-asynchronous distance-education-only programs):	
<ul style="list-style-type: none"> • No later than seven days after the program start date 	Institution may retain up to 10% of tuition, to a maximum of \$1,000 paid or payable under a contract.
<ul style="list-style-type: none"> • Student has completed no more than 10% of the program 	Institution may retain up to 10% of tuition paid or payable under a contract.
<ul style="list-style-type: none"> • Student has completed no more than 10% but less than 30% of the program 	Institution may retain up to 30% of the tuition paid or payable under a contract.
<ul style="list-style-type: none"> • Student has completed more than 30% but less than 50% of the program 	Institution may retain up to 50% of tuition paid or payable under a contract.
<ul style="list-style-type: none"> • Student has completed 50% or more of the program 	No refund due

Completed means the student has received an evaluation of their performance for the specified percentage of hours of instruction. Only hours of instruction for which the student received an evaluation should be included in the calculation of a tuition refund. If a student completed a portion of a program for which they did not receive an evaluation, that portion should not be included in the calculation of the percentage of the program completed.

Approved Programs – All Delivery Methods	Refund Due
Student enrolled in a program without having met the admission requirements for the program	
<ul style="list-style-type: none"> If the student did not misrepresent the student’s knowledge or skills when applying for admission and the registrar orders the institution to refund tuition and fees. 	100% tuition and all related fees, including application fees
Institution does not provide a work experience	
<ul style="list-style-type: none"> The institution fails to provide the work experience within 30 days of the contract end date, unless the registrar determines the institution was prevented from doing so by circumstances beyond its control. 	100% tuition and all related fees, other than application fees

Refund of Aircraft Utilization Fees
<p>The institution must refund unused aircraft utilization fees paid by or on behalf of a student if any of the following apply:</p> <ul style="list-style-type: none"> Student provides notice of withdrawal Institution provides notice of dismissal Student completes the program Student does not attend any of the first 30% of the hours of instruction of the program

Private Training Institutions Regulatory Unit (PTIRU)
<p>This institution is certified by the Private Training Institutions Regulatory Unit (PTIRU) of the British Columbia Ministry of Post-Secondary Education and Future Skills. Certified institutions must comply with regulatory requirements relating to, among other things, student enrolment contracts, tuition refunds and instructor qualifications. For more information about PTIRU, go to www.privatetraininginstitutions.gov.bc.ca.</p> <p>Please be advised that under section 61 of the <i>Private Training Act</i>, the Registrar is authorized to collect, use and disclose personal information in accordance with the Registrar’s regulatory duties under that Act. Accordingly, this institution is authorized to disclose your personal information to the Registrar for regulatory purposes.</p>
STUDENT DECLARATION

I consent to the institution sharing my personal information with the Ministry of Post-Secondary Education and Future Skills for research purposes and statistical analysis under the authority of sections 6(2)(a) and 10(1)(a) of the *Personal Information Protection Act* (PIPA).

Should you have any questions about the collection, disclosure and use of personal information you may contact: Director, Policy and Institution Certification, Private Training Institutions Regulatory Unit, System Integrity Branch, Post-Secondary Policy & Programs, Ministry of Post-Secondary Education and Future Skills, 310-601 Cordova Street W, Vancouver, BC V6B 1G1 or by telephone at (604 569-0019).

<i>Tiffany Beday</i>	2025-02-06
Student Signature	Date Signed
Signature of Parent or Legal Guardian	Date Signed
INSTITUTION SIGNATURE	
<i>Tara Richmond</i>	2025-02-06
Signature of Institution Representative	Date Signed

ADDITIONAL STUDENT INFORMATION

PLEASE FOLLOW INSTRUCTIONS CAREFULLY

Please select which intake & class you are enrolling into:

- Message Therapy - January Weekends
- Message Therapy - May Weekends
- Message Therapy - September Weekends

Message Therapy- February Weekends

- 1) Please attach a copy of your Canadian Government Photo ID.
- 2) Please confirm your preferred gender pronouns:

 He/Him
 She/Her
 They/Them
 Other: _____
 Do not specify

- 3) Please provide an emergency contact

Print Name: Kyle Beday Phone Number: 2503775069

- 4) Please provide your social insurance number.

SIN: 732483011

Print Name: Tiffany Beday Signature: *Tiffany Beday*

- 5) Your uniform for classes includes an PCCMT Professional Shirt. Please make sure you are using the measurements below for accurate sizing. Once the tags are removed from the shirt, they are considered non-refundable and non-exchangeable.

Women's Size Chart:

324T	LENGTH	CHEST	SLEEVE
XXS	26.0	34.7	6.7
XS	26.4	36.2	6.7
S	26.8	37.8	7.1
M	27.2	41.0	7.1
L	27.6	43.3	7.5
XL	28.0	45.7	7.5
2XL	28.4	48.8	7.9
3XL	32.3	52.0	7.9

Men's Size Chart:

409T	LENGTH	CHEST	SLEEVE
XS	28.3	45.7	7.9
S	29.1	47.2	8.3
M	29.9	48.8	8.7
L	31.5	51.2	9.1
XL	32.3	55.9	9.5
2XL	33.1	59.8	9.9
3XL	33.9	64.6	10.2

Shirt Size: M

Please select which chart you used:

Woman's Sizing Chart

Men's Sizing Chart

- 5) I understand that books/supplies are non-refundable after the program start date, if the student has received the materials.

By signing this form, I acknowledge that once the books/supplies have been sent to me, they are no longer considered refundable. A signed Payment Plan Agreement with PCCMT will also be required to finalize enrollment.

Print Name: Tiffany Beday Signature: *Tiffany Beday*

- 6) I hereby grant permission to the rights of my image, likeness and sound of my voice as recorded on audio or video without compensation. I understand that my image may be edited, copied, exhibited, published or distributed and waive the right to inspect or approve the finished product wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of my image or recording. I also understand that this material may be used in diverse educational settings within an unrestricted geographic area.

Photographic, audio or video recordings may be used for the, but are not limited to:

- Trade show materials
- Presentations and/or course materials
- External and internal advertising
- Social media general use/advertising
- Educational videos

By signing this release, I understand:

1. Permission signifies that photographic or video recordings of me may be used for print and/or electronically at the discretion of the Pacific Coastal College of Massage Therapy.
2. There is no time limit on the validity of this release nor is there any geographic limitation on where these materials may be distributed. Your acknowledgment: By signing this form I acknowledge that I have completely read and fully understand the above release and agree to be bound thereby.

By signing this form, I acknowledge that I have completely read and fully understand the above release and agree to be bound thereby (please sign below).

Print Name: Tiffany Beday Signature: Tiffany Beday

- 7) Pacific Coastal College of Massage Therapy requires a minimum 85% attendance. The Ministry of Advanced Education mandates that no more than 15% of the program may be missed. Termination from the course will occur when either:

- a) The first-year student is absent for more than two days of weekend classes;
- b) The first-year student is absent for more than four days of evening classes; or
- c) The second-year student is absent for more than three days of weekend classes.

Please be aware that arriving more than 15 minutes to class or leaving early will be marked as a half day absence.

Print Name: Tiffany Beday Signature: Tiffany Beday

- 8) I understand that if I decide to withdrawal from the program, I must provide the college with written notice (withdrawal date will be effective the date the notice is received). I understand that if I am terminated from the program, PCCMT will provide written notice to me (termination date will be effective the date the notice is sent).

By signing this form, I acknowledge that I have completely read and fully understand the Withdrawal and Termination Policy at Pacific Coastal College of Massage Therapy.

Print Name: Tiffany Beday Signature: Tiffany Beday

- 9) I understand the Refund of Tuition- After Training Begins policy on my Student Enrollment Contract that states the following:

If a student contract is terminated after the vocational training begins (start date of program), the licensee is entitled to the following amounts of tuition:

- a) When 10% or less of vocational training has been provided, 30% is entitled
- b) When more than 10% but 30% or less of the vocational training has been provided, 50% of the tuition is entitled
- c) When more than 30% of the vocational training has been provided, 100% of the tuition is entitled

I understand that the Year One program is 30 weeks long and the Year Two program is 44 weeks long. The percentages above are based on the entire program, from the official start date until the official end date of the program.

By signing this form, I acknowledge that I have completely read and fully understand the Refund of Tuition policy at Pacific Coastal College of Massage Therapy.

Print Name: Tiffany Beday Signature: Tiffany Beday

10) I will read and familiarize myself with the PCCMT Student Success Guide before my first day of the program. The Success Guide is provided in the book box.

Print Name: Tiffany Beday Signature: Tiffany Beday

11) Year One students are required to maintain valid Standard First Aid and CPR (Level C) certification throughout the duration of the Massage Therapy Diploma program. Please submit a copy of your valid certification upon enrolling.

Print Name: Tiffany Beday Signature: Tiffany Beday

12) I hereby consent to receiving electronic correspondence related to my personnel file (such as financial agreements, tax forms, etc.).

Print Name: Tiffany Beday Signature: Tiffany Beday

13) Were you referred to PCCMT? Whoever referred you may qualify for a referral bonus (payable after 50% of the program has been complete). Please include their name and contact details below.

Referred by: _____ ACMT/PCMT/PCCMT Alumni? Yes No

Phone Number: _____

Email: _____

Pacific Coastal College of Massage Therapy

Program Outline

Massage Therapy Diploma Program*

Brief Program Description

The Massage Therapy Diploma Program is a two-year program that offers a comprehensive yet flexible delivery that allows students to continue working while they learn. After completion of the first and second years of the program, the students become eligible to challenge the standardized entry-to-practice exams hosted by the a Canadian Massage Therapy regulatory body.

Students will learn: human anatomy and physiology, palpation and practical massage skills including assessments and treatments in a safe and professional environment to graduate as efficient, ethical and safe massage therapists.

Career Occupation* (if applicable)

Graduates of the Pacific College of Massage Therapy would receive a Massage Therapy Diploma and be titled Massage Therapists upon completing the registration requirements of a Massage Therapy Regulatory Body.

Admission Requirements

- Government Issued Identification showing 19 years or older
- Proficiency in reading and writing English as demonstrated by a minimum grade of C in a High School Diploma or Higher Education. Failure to provide evidence of this, candidates are required to show evidence of at least 65% in a PTIRU approved English Proficiency Examination.
- First aid and CPR Certificate
- Clean Criminal Record Check

TRANSFER STUDENTS MUST SHOW:

- Degree/Diploma in physiotherapy with transcripts showing overall marks of 75% or higher
- Degree/Diploma in traditional Chinese medicine with transcripts showing overall marks of 75% or higher
- Completed equivalent of 1000 hours of massage training at another massage college with overall marks of 75% or higher

Learning Objectives*

Upon completion of this program the successful student will have reliably demonstrated the ability to:

Define and identify anatomy, physiology, homeostasis, metabolism and pathology

Define and describe the levels of structural organization of the human body

Pacific Coastal College of Massage Therapy
Program Outline
Massage Therapy Diploma Program*

Define the body systems and explain how they relate to each other
Demonstrate appropriate written communication
Demonstrate appropriate electronic communication
Demonstrate knowledge of federal, provincial, and regional requirements to run a small business
Demonstrate appropriate communication with patients
Demonstrate appropriate charting of treatment sessions
Demonstrate critical thinking necessary to modify techniques, positioning, assessment, exercise, in reference to, patient, history and stage of life
Perform vital signs assessment
Recognize when patient may benefit from community services
Recognize conditions requiring urgent medical attention and respond accordingly
Relate treatment components to indications and safety considerations
Demonstrate knowledge of principles of safe transfer
Direct patient on applications of homecare and rehabilitation
Demonstrate proper body mechanics while administering massage
Understand the effects of pain and stress on the human body
Demonstrate and Discuss the clinical application of massage therapy

Method(s) of Evaluation*

Theory and Oral practical Modular Exams
Modular Assignments
Year 2 Only- Mid-term theory and practical exams
Professionalism grades.
Final Practical and Theory Exams.

Completion Requirements*

Overall 75 % cumulative grade or higher in the program
Completion of 330 Supervised Practicum Hours
All financial requirements completed
Submission of a graduate report and survey

Program Duration

2200 hours and 74 weeks.

Homework Hours

20 hours/week (Excluded from Total Program Hours)

Pacific Coastal College of Massage Therapy

Program Outline

Massage Therapy Diploma Program*

Delivery Method(s)

Indicate how the program is delivered

- In-class instruction
- Distance education
- Combined delivery (both in-class and distance)

Required course materials

Course Resources

- PCCMT - Online Learning Management System offering review videos, assignments, review documents, message function to classmates and instructors and access to grades.
- Elsevier Website, Trail Guide Series e-XPLORE website

Textbooks

- Fitch, Pamela. Talking Body Listening Hands 2nd edition, Pearson Education, Inc, 2014
- Biel, Andrew. Trail Guide to the Body. 5th Edition, Books of Discovery, 2014
- Biel, Andrew. Trail Guide to the Body Student Workbook. 5th Edition, Books of Discovery, 2014
- Tortora, G.J. & B.H. Derrickson, Principles of Anatomy and Physiology, John Wiley & Sons, 2018
- Andrade, C.K. Outcome-Based Massage: Across the Continuum of Care, Wolters Kluwer, 2022
- Salvo, Susan. Pathology for Massage Therapists 4th Edition.
- Magee, D.J. 2014 Orthopedic Physical Assessments, St. Louis, Missouri, Elsevier, Saunders.

- PCCMT modules

Reference Materials

- Muscolino, Joseph E. The Muscular System Manual: The Skeletal Muscles of the Human Body. 4th Edition, Mosby Inc, 2017
- Muscolino, Joseph E. The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns, and Stretching. 2nd Edition, Mosby Inc, 2016
- Netter, Frank. Atlas of Human Anatomy, 6th edition, Saunders, 2014
- Rattray, Fiona and Linda Ludwig. 2005. Clinical Massage Therapy, Toronto, Talus Inc.

Equipment for In-class Instruction

Massage tables, bolsters and face cradles
Massage medium
Linen and pillows
Computer
Stationery
Skeleton, organ models, projector and tablet

Pacific Coastal College of Massage Therapy
Program Outline
Massage Therapy Diploma Program*

Year One:

1000 hours

30 weeks

Full-time 25.2 hours/week – Virtual
delivery

110 hours - Work Experience

128 hours In-class instruction

8 hours- outreach

Year Two:

1200 hours

44 weeks

Full-time 20 hours/week- Virtual Delivery

220 hours - Work Experience

176 hours In-class instruction

12 hours - outreach

Pacific Coastal College of Massage Therapy
Program Outline
 Massage Therapy Diploma Program*

Program Organization*

List the titles of the courses in this program in the order they are provided and the hours of instruction allotted to each.

For programs with work experience component(s) list the number of hours of instruction for each work experience component of the program. List the work experience element in the order in which it is provided along with the other courses in the program.

Title of Course/Work Experience Component *	# of Hours*
Year One Massage Therapy Courses	
Anatomy and Physiology, I	95
Musculoskeletal Anatomy I	125
Kinesiology I	30
Nutrition	10
Pharmacology	10
Neuroanatomy	60
Neurophysiology	35
Pathology I	10
Manual Skills	80
Infancy Massage	10
Pregnancy Massage	25
Business	15
Massage Principles, Professional Practices and Theory	20
Research	55
Diverse Populations	35
Pain, Stress and Self-Care	40
Hydrotherapy	30
Evidence-Based Practice	20
Communications and Ethics	35
Professional Regulations	30
Supervised Work Experience – Practicum I	110
Clinical Assessment I	120
Year Two Massage Therapy	
Public Health and Prevention	70
Kinesiology II	65
Anatomy and Physiology II	100
Musculoskeletal Anatomy II	125
Surgery and Post- Surgery	20
Pathology II	125
Fascial Anatomy	15
Clinical Assessment II	120
Advanced Manual Skills	125
Orthopedic Treatments	50
Joint Mobilizations	20
Remedial Exercise	40

Pacific Coastal College of Massage Therapy
Program Outline

Massage Therapy Diploma Program*

Actinotherapy	15
Clinic Management	50
Case Study	40
Supervised Work Experience – Practicum II	220
Total	2200

Tiffany Beday

Tiffany Beday

2025-02-06

Signature Certificate

Reference number: 8RZCO-CB3BZ-HH8JT-GCWDQ

Signer

Timestamp

Signature

Tiffany Beday

Email: tiphonie0426@icloud.com
Shared via link

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Tara Richmond

Email: tarar@acmt.ca

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