

Jurisprudence Self Study Module

The purpose of this self study module is to ensure that members of the College read and understand the laws which govern the practice of massage therapy in our province. This exam must be completed and returned to the registrar of the CMTNL with your initial registration documents. The College address is:

PO Box 50002 Paradise RPO
Topsail, NL
A1L 0J2

Keep a copy for yourself in your professional portfolio. Refer to your copy of the Act, the Regulations, and the Standards of Practice to answer the questions. These documents can also be accessed on the College website www.cmtnl.ca

Name: Maile Maddox

Date Completed: November 30, 2025

Part One: Massage Therapy Act, 2005

<p>General</p>	<p>1. State the title of the Act which governs the practice of massage therapy in Newfoundland and Labrador. <u>The massage therapist act.</u></p> <p>2. In what year was legislation to regulate massage therapy in Newfoundland and Labrador first enacted? <u>2001</u></p> <p>3. In what year was the original Act repealed and replaced by a revised Act? <u>2005</u></p> <hr/> <p>4. Are massage therapists in Newfoundland and Labrador governed by either of the following acts:</p> <p>a) Regulated Health Professions Act Yes <input type="radio"/> No <input checked="" type="radio"/></p> <p>b) Informed Consent Act Yes <input type="radio"/> No <input checked="" type="radio"/></p> <p>Why or why not? <u>They are in New Brunswick but in NL they are governed independently through the massage therapy act that includes its own detailed requirements.</u></p> <p>5. State in your own words the purpose and importance of the regulation of massage therapy. <u>The regulation of massage therapy is important in its purpose. To protect the public & ensure they receive a safe & effective treatment by ensuring only qualified & competent therapists are treating & will face consequences if not.</u></p>
<p>Section 3</p>	<p>1. Members of the college shall be massage therapists who are <u>registered</u> and who hold a <u>license</u>.</p> <p>2. The CMTNL is established as a college with a governing <u>board</u> of <u>7</u>.</p> <p>3. Members of the college shall <u>elect</u> from among themselves, (#) <u>5</u> massage therapists to serve as directors of the board of the college.</p>

	<p>4. Members of the board of directors of the association shall be eligible / <u>ineligible</u> to be elected to the board of directors of the college. Why are 3. and 4. important provisions? <u>3 & 4 are important provisions as they prevent conflicts of interest between the association & the college ensuring unbiased decisions.</u></p> <p>5. Directors of the board of the college may be re-elected but may only serve how many consecutive years? <u>9</u></p>
Section 4	<p>1. The minister shall <u>appoint</u> (#) <u>2</u> persons to the board of the college who shall <u>represent public interest</u></p> <p>2. Directors may be re-appointed, or re-elected, but only for a certain number of consecutive terms. Why are these important provisions? <u>These are important provisions as it prevents the concentration of power, it prevents stagnation & encourages fresh perspectives.</u></p>
Section 5	<p>1. The board of directors shall hold at least (#) <u>1</u> meeting annually.</p> <p>2. A quorum shall consist of (#) <u>4</u> members of the board of whom at least one shall be a member who is <u>a public member</u></p> <p>3. A decision of the board is made by a <u>majority</u> of the directors present at a meeting. In the event of a tie, the chairperson shall have a <u>second</u> deciding vote.</p> <p>4. The college shall hold at least (#) <u>1</u> annual general meeting where the members shall elect <u>directors</u> to the board, and shall <u>appoint</u> an auditor.</p> <p>5. Directors of the board of the college shall serve <u>without remuneration</u> but may be paid travelling and other expenses.</p>
Section 6	<p>List three main functions of the college:</p> <p><u>1. To regulate the practice of massage therapy.</u> <u>2. Govern its members</u> <u>3. Establish, maintain & enforce standards</u></p>

Section 7	In order to carry out its duties, the college must ensure that it <u>has sufficient fees to payable to sustain itself</u>
Section 8	Each year the college must submit an <u>annual report</u> to the <u>minister</u> .
Section 9	Only a person <u>registered</u> as a massage therapist, and issued a <u>license</u> under this act, may use the title <u>massage therapist</u> .
Section 10	1. In order to be registered with the college and issued a license, a person must a) <u>apply to the registrar</u> b) <u>meet the regulation requirements</u> c) <u>pay the fees</u> 2. Within 30 days of being issued a license, a person shall become <u>a member of the association</u>
Section 11	List three of the duties of the registrar: <u>1. be secretary to the college</u> <u>2. collect fees</u> <u>3. register & issue licenses at request of the college to those who meet the requirements</u>
Section 13	1. Define allegation, complainant and respondent <u>Allegation: written document alleging a person has engaged in conduct deserving of sanction</u> <u>Complainant: a person making an allegation</u> <u>Respondent: person who holds/held a license under the act & against whom an allegation is made.</u> 2. List four reasons for conduct deserving of sanction <u>1. Professional misconduct</u> <u>2. Professional incompetence</u> <u>3. Conduct unbecoming of a massage therapist</u> <u>4. Acting in breach of this act</u>
Section 14	1. The complaints authorization committee shall consist of (#) <u>3</u> directors of the board, at least (#) <u>1</u> of whom shall be a public member. 2. The chair and vice chair of the complaints authorization committee shall be <u>appointed</u> by the board.

	<p>3. State the composition of the disciplinary panel and how members are selected: <i>The panel is made of 10 members of the college who are not directors, 3 members of the public & 1 of the college members is appointed chairperson (the other college members are also appointed by the board &</i></p> <p>4. Name the act conferring powers, privileges and immunities to the complaints authorization committee, the adjudication tribunal, and a person appointed by the committee <i>The Public Inquiries Act, 2006.</i></p>	<p><i>the public members appointed by the Minister health.</i></p>
Section 15	<p>1. An allegation of complaint shall be <u>in writing</u> and <u>signed</u> by a complainant and filed with the <u>registrar</u>.</p> <p>2. State two circumstances under which the registrar shall make an allegation: <i>1. if a massage therapist has been convicted of an offence against the criminal code in</i> <i>2. if a massage therapist has been disciplined/suspended by another regulatory body for misconduct/incompetence</i></p>	<p><i>another country</i></p>
Section 16	<p>1. With the consent of the <u>complainant</u> and the <u>respondent</u> the registrar may attempt to <u>resolve</u> an allegation.</p> <p>2. When an allegation is not satisfactorily resolved by the registrar, the allegation shall be referred to <u>the complaints authorization committee</u></p>	
Section 17	<p>1. State the powers of the complaints authorization committee: <i>They may refer the allegation back to the registrar for an investigation/alternative dispute resolution, conduct an investigation/appoint someone to or require the respondent to appear before them.</i></p> <p>2. When the complaints authorization committee believes there are reasonable grounds a respondent engaged in conduct deserving of sanction, an allegation constitutes a complaint and the committee may <u>counsel/caution the respondent, instruct the registrar to file the complaint against the respondent & refer it to the disciplinary panel, recommend to the college that the respondent's practice be suspended/restricted, or they conduct an investigation of the respondent's practice.</u></p> <p>3. Under an investigation, a massage therapist may be required to: a) <u>Produce documents + information + records relevant to the investigation</u> b) <u>appear before the committee/investigator to answer questions</u></p>	<p><i>the investigation</i></p>

	<p>4. Where the complaints authorization committee recommends that a respondent's practice be <u>suspended</u>, or <u>restricted</u>, or <u>terminated</u>, the Board may or <u>may not</u> act on the recommendation</p> <p>5. A complainant whose allegation is dismissed may appeal to <u>the supreme court of NE (final decision)</u> within 30 days of receiving notice.</p>
Section 18	<p>For the purpose of dealing with a complaint, the chair of the disciplinary panel shall <u>appoint</u> from the panel, an adjudication tribunal consisting of (#) <u>3</u> people, (#) <u>2</u> of whom must be massage therapists and one of these massage therapists shall be <u>the chair</u> chair of the adjudication tribunal.</p>
Section 19	<p>A hearing shall be conducted <u>in public</u> except where the adjudication tribunal wishes to <u>protect</u> a complainant.</p>
Section 20 & 21	<p>State three of the actions a tribunal may take when a respondent pleads guilty or the tribunal finds him/her guilty:</p> <ol style="list-style-type: none"> <u>1. Reprimand the respondent</u> <u>2. Impose a fine to be paid to the college not in excess of 10K</u> <u>3. Order the respondent obtain counseling</u> <hr/> <p>Can a respondent be ordered to pay the costs of the college? <u>yes.</u></p> <p>If the tribunal decides the respondent is not guilty, and believes that the submission of the complaint to a hearing was unreasonable, the tribunal may order that <u>the respondent</u> costs be paid by <u>the college</u> to the respondent.</p>
Section 22	<p>1. The registrar shall keep disciplinary decisions on file for <u>10</u> years. Can anyone ask to view the decision? <u>yes</u></p> <p>2. A copy of the decision is provided to three individuals: <u>To the respondent, the complainant & the board.</u></p> <p>3. State three circumstances requiring the registrar to publish a summary of a decision in a community newspaper where the respondent practices: <u>if the respondent's license is suspended, if their license is revoked or if they're found guilty of actions that deserve a sanction (other than a caution).</u></p>

Section 23	<p>Under what two circumstances do a massage therapist's rights and privileges cease?</p> <ol style="list-style-type: none"> 1. <u>if their name is removed from the register</u> 2. <u>if their licence is suspended.</u>
Section 24	<p>If a respondent fails to comply with a decision of the adjudication tribunal, the <u>college</u> may apply to the adjudication tribunal to <u>suspend</u> the person until the conditions imposed are fulfilled.</p>
Section 25	<p>Based on what two conditions may a respondent apply for a supplementary hearing:</p> <ol style="list-style-type: none"> 1. <u>when new evidence becomes available that wasn't considered</u> 2. <u>material change in circumstances has occurred.</u>
Section 26	<p>State the two actions the college may take when a person fails to pay costs to the college as ordered within the specified time:</p> <ol style="list-style-type: none"> 1. <u>suspend the respondent's licence</u> 2. <u>refuse to renew the respondent's licence until they pay the costs</u>
Section 27	<p>1. If a respondent does not pay an imposed fine on time, the college may file a certificate with two different bodies. Name them:</p> <ol style="list-style-type: none"> 1. <u>The supreme court of TL (Trial Division)</u> 2. <u>The provincial court</u> <p>2. Is there any right of appeal after a judge of the trial division makes a decision regarding a person named in a filed certificate? <u>No</u></p>
Section 28	<p>Do both the college and the respondent have the right to appeal a decision by an adjudication tribunal decision by filing with the registrar of the Supreme Court? <u>yes</u></p>
Section 30 & 31	<p>State the general purpose of regulations and bylaws and the difference between them.</p> <p><u>Regulations set out legal requirements like records + discipline procedures & are enforceable by law & require ministerial approval while bylaws govern internal operations & are created by the college</u></p>
Section 33	<p>Does this section apply to members of the college or to members of the public who hold themselves out to be massage therapists? What authority does this give the college?</p> <p><u>It applies to members of the public who falsely call themselves massage therapists without registration. This gives the college the authority to force legal action, re-strip professional credibility & the power to protect the public.</u></p>

Part Two Regulations

"Please note that the Regulations passed in September 2005 do not reflect the change in title from Newfoundland and Labrador Massage Therapists' Board (NLMTB) to College of Massage Therapists of Newfoundland and Labrador (CMTNL) which occurred with the passing of the revised Massage Therapy Act December 2005. The specifics of the Regulations continue to apply to the renamed College of Massage Therapists of Newfoundland and Labrador (CMTNL).

Section 3	Application for registration shall be in the form set by the <u>board</u>
Section 4	Registration and a license to practice shall be granted to a person who has fulfilled several important conditions. List four: a) <u>Proof of graduation</u> b) <u>Proof of passing the competency exam</u> c) <u>Payment of fees</u> d) <u>Proof of sufficient liability insurance</u>
Section 5	A massage therapist may be required to allow the professional liability insurer to provide <u>confirmation</u> of <u>coverage</u>
Section 7	List the three conditions for granting an inactive license: a) <u>Request of therapist</u> b) <u>Therapist is in good standing</u> c) <u>Required fee is paid</u>
Section 8	1. List four of the several conditions for granting renewal of a licence to practice: a) <u>Payment of fee</u> b) <u>Proof of continued liability insurance</u> c) <u>Proof of association membership</u> d) <u>Completion of CEUs.</u> 2. What requirements must a person holding an inactive license fulfill when applying for a license to practice: <u>• Payment of fee</u> <u>• Proof of current liability insurance</u> <u>• Proof of first aid / CPR cert.</u> <u>• Apply to the board for reinstatement</u> 3. What is required after a person allows his/her license to lapse in order to be regain registration with the college? <u>They need to apply as a new applicant & meet all of the associated requirements of one.</u>
Section 9	1. How often is the college required to offer competency examinations? <u>Minimum once a year</u>

	<p>2. State three of the conditions a person must fulfill in order to be eligible to take the competency examinations:</p> <p>a) <u>Proof of graduation</u></p> <p>b) <u>Payment of fee</u></p> <p>c) <u>Submit completed application for exam</u></p> <p>3. How many times may a candidate retake examinations? <u>3</u></p> <p>4. What happens if a candidate fails three examinations? <u>Complete additional education/training before trying again.</u></p>
Section 10	<p>1. How many continuing education credits must a massage therapist complete in a three year cycle? <u>30</u> What is the purpose of this requirement? <u>To ensure the ongoing professional competence of therapists for safe + effective treatments</u></p> <p>2. How should a member of the college keep track of continuing education credits? <u>In a professional portfolio file which may be requested by the board as proof.</u></p>
Section 11	<p>State two conditions of license:</p> <p><u>i. maintain professional liability insurance in an amount considered acceptable by board</u></p> <p><u>ii. adhere to code of ethics established by the board</u></p>
Section 12	<p>All client records shall be kept strictly <u>confidential</u> and retained for (#) <u>7</u> years.</p>

Part Three Standards of Practice and Code of Ethics

p. 9-11	<p>State what a code of ethics is and its purpose:</p> <p><u>a statement that expresses the primary ethical values, obligations & goals of the profession. It lays out the profession's values & explains what we ought to do in order to protect & promote public good & what to do to avoid public harm.</u></p>
	<p>Why is a code of ethics important for massage therapists?</p> <p><u>It defines our commitment to practice in ethical terms + uphold our promise to society</u></p>

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p. 11	<p>State the vision of the college:</p> <p>To establish the integrity & value of massage therapy as an integral & respected health care profession through nationally established standards & evidence based outcomes.</p>
	<p>State the scope of practice of massage therapy in NL:</p> <p>The assessment of soft tissues & joints of the body & treatment & prevention of physical dysfunction & pain of soft tissues & joints by manipulation to develop/maintain/rehabilitate/improve physical function to relieve pain or promote health.</p>
p. 12	<p>State the four principles underlying the code of ethics:</p> <ol style="list-style-type: none"> respect for persons responsible caring clarity in relationships responsibility to society
p.13-18	<p>In point form, give two examples of each principle:</p> <ol style="list-style-type: none"> 1. Advocate & support client in exercising their moral/legal rights 2. Listen & respect client's cultural beliefs 1. Protect client's physical & emotional privacy 2. Collect only information relevant to care 1. Assist client in understanding information 2. Be competent & empathetic practitioners 1. Pursue career long professional learning 2. Be committed to & promoting welfare & well being of all persons in society.
p.19-23	<p>State what standards of practice are and why they are important for massage therapists:</p> <p>The SOPs are a tool to determine if a massage therapist can do the job at an acceptable level & provide a benchmark that therapists & clients can measure treatment practices.</p>
p. 22	<p>What are the limits to confidentiality?</p> <p>It's professional misconduct to reveal client information to anyone except as required/allowed by law/except to facilitate diagnosis or treatment of a client is considered to be professional misconduct.</p>

<p>Definition p.23</p>	<p>Describe the three inter-related subcomponents that comprise standards</p> <ol style="list-style-type: none"> 1. <u>Conditions</u>: the situation in which tasks are accomplished 2. <u>Task</u>: what a therapist is expected to accomplish 3. <u>Standard</u>: description of the minimum level of performance, in achievement of the task that is observable + measurable
<p>Standard 1 (Com/PubH) p. 24</p>	<p>State the safety issues relevant to this standard:</p> <ul style="list-style-type: none"> - linens & pillows don't interfere w/ client's ability to get on/off table - Any obstacle/substance that could make the floor slippery or removed to prevent falls - Equipment is properly maintained & manufacturer directions are followed properly - Transference of infectious diseases is limited
<p>Standard 2 (Com/PubH) p.25</p>	<p>State four important points to ensure good communication when informing clients of fees, prior to obtaining consent to a fee schedule:</p> <ol style="list-style-type: none"> 1. Ensure fee schedule is posted in visible location 2. Give client opportunity to ask questions regarding rate & fee schedule 3. Ensure you explain cancellation policy 4. Any changes that deviate from set schedule have been agreed to & documented in clinical notes w/ reasons & agreement indicated.
<p>Standard 3 (Com/PubH) p.26</p>	<p>When and for how long should you wash your hands?</p> <p><u>Immediately before + after each treatment for minimum 10 secs.</u></p>
<p>Standard 4 (Com/PubH) p.27</p>	<p>State the quality/technical components to this standard:</p> <p><u>400 your interview questions include:</u></p> <ol style="list-style-type: none"> 1) Client's goals for the treatment 2) Limitations to ADLs 3) identify area client would like to focus on 4) contributing factors

<p>Standard 5 (Com/PubH) p.28</p>	<p>State three of the quality/technical components and one of the safety components to this standard</p> <p><i>Quality/Technical:</i></p> <ol style="list-style-type: none"> 1) you are aware of symptoms of the infectious disease 2) you use safety/protective barriers if status of client is unknown 3) you follow all directives issued by the province/local public health unit <p><i>Safety:</i></p> <p>1) a client is not discriminated against if they are from an identified at risk population</p>
<p>Standard 6 (Com/PubH) p.29, 30</p>	<p>State the purpose of taking a health history and give three important areas to ask questions about:</p> <p><i>Purpose: identify indications/CIs to treatment.</i></p> <ol style="list-style-type: none"> 1) presence of infectious conditions 2) general health status (prev. conditions, family history, medications) (history loss etc.) 3) primary complaint
<p>Standard 7 (Com/PubH) p.31</p>	<p>State when and how consent should be obtained:</p> <p><i>Consent should be obtained before beginning the assessment/reassessment/treatment & it should be obtained in an informed + voluntary way.</i></p>
<p>Standard 8 (Com/PubH) p.32, 33</p>	<p>State four reasons why assessment/reassessment is important:</p> <ol style="list-style-type: none"> 1. so you can refer out/modify if there are CIs. 2. so a decision can be made to continue/modify/stop a treatment plan based on original goals 3. so the effectiveness/completion of a treatment plan can be determined based on original goals 4. so you identify conditions treatable by massage therapy
<p>Standard 9 (Com/PubH) p.34</p>	<p>State why this is an important standard, and how it should be documented</p> <p><i>It should be documented in the client's health record & is important as if there is a CI to massage therapy you modify the treatment/refer out so the client isn't at risk.</i></p>

<p>Standard 10 (Com/PubH) p.35, 36</p>	<p>State what needs to be recorded in a client's treatment plan: <i>Goals, type + focus of tx, areas of body to be treated, anticipated frequency + duration of treatments, anticipated client response to tx, schedule for reassessment of the client's condition &/or recommended remedial exercises &/or hydrotherapy.</i></p>
<p>Standard 11 (Com/PubH) p.37,38, 39</p>	<p>State three safety concerns connected with this standard <i>1. instructions include any client precautions to prevent falling off table (what to do & why) 2. to prevent client falling back if they need assistance 3. danger of possibility of being lightheaded/dizzy as a result of getting off table too quickly</i></p>
<p>Standard 12 (Com/PubH) p.40, 41</p>	<p>State four quality/technical subcomponents connected with this standard <i>1. Drapery is secured 2. if client requests, the drapery be rearranged for their comfort you accommodate the requests 3. female breasts are not exposed except when being treated (st 15 & 16) 4. client's genitalia & gluteal cleft are not exposed.</i></p>
<p>Standard 13 (Com/PubH) p.42</p>	<p>State four quality/technical subcomponents connected with this standard <i>1. Explain to client, appropriate self-care including its intended effect / possible negative reactions 2. Client is informed to discontinue should severe negative reactions occur 3. You demonstrate recommended exercises 4. You witness the client understand information correctly</i></p>
<p>Standard 14 (Com/PubH) p.43, 44</p>	<p>State four important components to be included in a client's health record and when health records should be updated <i>1. completed client health history 2. record of client's consent to treatment 3. record of ongoing treatment 4. authorization to contact other HLPs when required.</i> <i>Should be updated as changes occur, at minimum once a year & treatment recorded within 24 hours (asap).</i></p>

Standard 15 (Com/PubH) p.45	<p>State the three conditions when this standard applies:</p> <ol style="list-style-type: none"> 1. If client/therapist has a recognizable contagious condition that might be spread by contact/inhalation during treatment 2. A client requires intra-oral treatment 3. If client/therapist has non-intact skin, or open or healing lesions that would be vulnerable during treatment.
Standard 16 (Com/PubH) p.46	<p>State two interpersonal and two technical qualities required of this standard:</p> <p><u>Interpersonal:</u></p> <ol style="list-style-type: none"> 1. Explain to client the reason for discharge 2. The client is given the opportunity to ask questions. <p><u>Technical:</u></p> <ol style="list-style-type: none"> 1. A referral is arranged prior to discharge if necessary/appropriate 2. Client files are transferred/stored according to client's wishes.
Technique Standard 1 p.47	<p>State the three general principles regarding interpersonal quality measures that apply to all specific massage therapy techniques:</p> <ol style="list-style-type: none"> 1. You discontinue/don't use techniques if client indicates a preference not to use it 2. You make client aware that some techniques may be painful. 3. You treat within client's pain tolerance & you give them the chance to inform you of their pain level within mutually agreed upon range of acceptable pain.
Technique Standard 2 p. 48	<p>State two technical quality measures connected to this standard:</p> <ol style="list-style-type: none"> 1. Stroking is performed through client's covering or directly on the skin 2. If the purpose of stroking is to achieve a relaxation effect the technique is slow, soothing & even.
Technical Standard 3 p. 49	<p>State two safety concerns connected with the standard</p> <ol style="list-style-type: none"> 1. Treat within client's acceptable agreed upon pain level 2. Rolling is not used/modified if a CI to it exists
Technical Standard 4 p. 50	<p>State the two measures of technical quality regarding this standard:</p> <ol style="list-style-type: none"> 1. Direction of movement is towards the heart 2. Movement is broad & general & proportional to the part of body being worked on.

<p>Technical Standard 5 p. 51</p>	<p>State the two measures of technical quality regarding this standard: 1. tissues are compressed & released in a rhythmic fashion 2. Tissues layers are kneaded & stretched relative to each other</p>
<p>Technical Standard 6, p.52</p>	<p>State two interpersonal and two technical qualities required of this standard: Interpersonal: 1. uniform chest friction may be painful 2. inquire to the clients comfort w/ regard to level of pain/pressure. Technical: 1. tissues are warmed & stretched before the technique is applied 2. Your fingers do not glide over clients skin</p>
<p>Technical Standard 7 p. 53</p>	<p>Give the two technical quality measures required of this standard: 1. When performing static vibrations your whole hand or part thereof is in continuous contact with clients body without sliding over clients skin 2. for running vibrations there is a slight glide over clients skin</p>
<p>Technical Standard 8 p. 54</p>	<p>Give two of the technical quality measures required of this standard: 1. Technique is percussive & rhythmic 2. light tapotement does not create force below skin surface & hands are light + springy.</p>
<p>Technical Standard 9 p.55</p>	<p>State two safety concerns for this standard: 1. Medication history is considered before deep fascial work 2. Deep fascial techniques are not used / modified if a CI exists</p>
<p>Technical Standard 10 p. 56, 57</p>	<p>State the role pain plays in the use of this technique: Pain helps identify trigger points & treatment of them may be painful, treat within clients pain tolerance & you stop/modify as clients request.</p>
<p>Technical Standard 11 p. 58</p>	<p>State three safety concerns in connection with this standard: 1. assess joint for pain prior to treatment by using gentle controlled traction 2. low threat client when agreed upon pain tolerance 3. low-grade joint mobilizations are not used / modified if a CI exists</p>

<p>Technical Standard 12 p. 59</p>	<p>State two technical and two safety concerns for this standard:</p> <p><u>Technical:</u></p> <ol style="list-style-type: none"> 1. Direction of mobilization is correct for specific capsular pattern 2. joint is in loose-pack position. <p><u>Safety:</u></p> <ol style="list-style-type: none"> 1. you assess joint for pain with gentle traction prior 2. Treat within clients agreed upon pain tolerance
<p>Technical Standard 13 p. 60</p>	<p>State one important safety concern for this technique</p> <ol style="list-style-type: none"> 1. No stretch is applied to an unstable structure/tissue
<p>Technical Standard 14 p. 61</p>	<p>State one interpersonal and two safety issues for this technique:</p> <p><u>Interpersonal:</u></p> <ol style="list-style-type: none"> 1) set up a non-verbal signal from client re: pain & comfort level <p><u>Safety:</u></p> <ol style="list-style-type: none"> 1) use protective barriers for entire hand while ^{tr} in n 2) treatment is discontinued if client indicates
<p>Technical Standard 15 p. 62</p>	<p>State four indications for performing breast massage:</p> <ol style="list-style-type: none"> 1) general drainage problems 2) pre/post menstrual pain 3) blocked milk ducts (not mastitis-a.c.) 4) rehabilitation from cancer treatment
<p>Technical Standard 16 p.63</p>	<p>State three indications for this standard:</p> <ol style="list-style-type: none"> 1) post mastectomy 2) chronic respiratory conditions 3) rehabilitation after cancer treatment
<p>Technical Standard 17</p>	<p>State three safety issues in connection with this standard:</p> <ol style="list-style-type: none"> 1) hygiene conditions are maintained at all times. 2) applications are modified if necessary due to clients condition 3) applications used are not C.I'd due to clients condition