



St. John Ambulance Saint-Jean

St. John Ambulance certifies that

DANIEL SHEPPARD

has completed

Advanced First Aid for Fire Fighters

Class #: 1-195951622-NL-220923-9056

Expiry Date: Oct 22, 2026

Reference #: 0930588521

Issued By/On: St. John Council for Newfoundland and Labrador Inc. Oct 22, 2023



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BLS/HCP

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Lessons taught

1. Roles and Responsibilities of the First ...
5. 2ndary Survey/Handover to EMS
6. Medical Conditions
9. Secondary Survey
11. Burns
13. Head & Spinal Injuries
16. Poisoning
18. Rescue Carries
20. Mus Injuries - Lower Ext
23. Resuscitation - Basic Life Support (HCP)
4. ESM (MFR)
5. Severe Bleeding
7. Resp. Emerg & O2 Admin.
10. Wound Care
12. Eye Injuries
14. Chest Injuries
17. Heat and Cold Injuries
19. Musc Injuries - Upper Ext.
21. Head/Spine/Pelvic Inj.

Cardiopulmonary Resuscitation Levels:

- Level A: One-rescuer CPR and choking manoeuvres for an adult casualty
- Level B: One-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- Level C: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- BLS/HCP: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties. AR, BVM, AED included
- Level E: Customized courses that provide training for special needs group
- AED: Understanding the knowledge and skill to safely use an AED (Automated External Defibrillator)

Annual retraining in CPR is recommended