



St. John Ambulance Saint-Jean

St. John Ambulance certifies that

TERRILYNN PENNEY

has completed

Emergency First Aid/CPR A/AED

Class #: COUR-0211-NL-080822-5389

Expiry Date: Aug 8, 2025

Reference #: 0936792220

Issued By/On: St. John Council for Newfoundland and Labrador Inc. Aug 8, 2022



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Level A CPR/AED

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Lessons taught

1. Roles and Responsibilities, ESM
2. Adult Resuscitation
3. Two-Rescuer CPR
5. Medical Conditions
6. ESM - Trauma
7. Severe Bleeding, Amputations
8. Wound Care
9. Burns
19. Mental Health Awareness

Cardiopulmonary Resuscitation Levels:

- Level A: One-rescuer CPR and choking manoeuvres for an adult casualty
- Level B: One-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- Level C: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- BLS/HCP: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties. AR, BVM, AED included
- Level E: Customized courses that provide training for special needs group
- AED: Understanding the knowledge and skill to safely use an AED (Automated External Defibrillator)

Annual retraining in CPR is recommended