



## St. John Ambulance Saint-Jean

St. John Ambulance certifies that

**AMBER T SQUIRES**

has completed

**Standard First Aid/CPR C/AED**

Class #: COUR-0210-NL-290623-6042

Expiry Date: Jun 30, 2026

Reference #: 1026590277

Issued By/On: St. John Council for Newfoundland and Labrador Inc. Jun 30, 2023



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**Level C CPR/AED**

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### Lessons taught

- |                                    |                                   |
|------------------------------------|-----------------------------------|
| 1. Roles and Responsibilities, ESM | 2. Adult Resuscitation            |
| 3. Two-Rescuer CPR                 | 4. Child and Infant Resuscitation |
| 5. Medical Conditions              | 6. ESM - Trauma                   |
| 7. Severe Bleeding, Amputations    | 8. Wound Care                     |
| 9. Burns                           | 10. Eye Injuries                  |
| 11. Secondary Survey               | 12. Multiple Casualty Management  |
| 13. Chest and Abdominal Injuries   | 14. Bone and Joint Injuries       |
| 15. Rescue Carries                 | 16. Environmental Injuries        |
| 17. Poisoning                      | 19. Mental Health Awareness       |

### Cardiopulmonary Resuscitation Levels:

- Level A: One-rescuer CPR and choking manoeuvres for an adult casualty
- Level B: One-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- Level C: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- BLS/HCP: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties. AR, BVM, AED included
- Level E: Customized courses that provide training for special needs group
- AED: Understanding the knowledge and skill to safely use an AED (Automated External Defibrillator)

**Annual retraining in CPR is recommended**