

**COLLEGE OF MASSAGE THERAPISTS
of Newfoundland & Labrador**

Annual Report

2010-2011

COLLEGE OF MASSAGE THERAPISTS of Newfoundland & Labrador

Vision

The College of Massage Therapists of Newfoundland and Labrador is a regulatory authority that establishes the integrity and value of massage therapy as an integral and respected health care profession through nationally established standards and evidence-based outcomes.

Board of Directors 2010-2011

Jessica Parsons, RMT - *Registrar*
Joanne Emberley-White, RMT - *Chair*
Rose-Anne Linstead, RMT
Lee Miles, RMT
Samantha Piercey, RMT
Jocelyn Kielly, RMT
Public Members - VACANT

Committees as of March 2011

| | |
|--|--|
| Interjurisdictional Consortium | Joanne Emberley-White - <i>Chair</i> Amy Norris |
| Education, Quality Assurance, Scope of Practice | Rose Linstead - <i>Chair</i> Lee Miles Samantha Piercey |
| Complaints Authorization | Lee Miles - <i>Chair</i> Joanne Emberley-White Rose Linstead Samantha Piercey |
| Finance and Administration | Jessica Parsons - <i>Registrar - Chair</i> |
| Registration and Examination | Joanne Emberley-White - <i>Chair</i> (resigned January 2011) Jocelyn Kielly - <i>Chair</i> Rose Linstead |
| Communications | Jocelyn Kielly - <i>Chair</i> Jessica Parsons |

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Annual Report April 1, 2010 to March 31, 2011

Registrar's Report

Our new year started out with the appointment of Samantha Piercey to the Board as Clayton Clarke and Paul Myers had both resigned.

A new contract was approved and signed for Genie Johnson, our Administrative Assistant though we were told in early 2010 that she would have less time available for the College.

I travelled to Toronto in May, 2010 to meet with the CMTO's Registrar, Deborah Worrada. It went very well and I learned a lot from the staff. A key suggestion for making the running of the Board more efficient was to combine the duties of Registrar and Administrative Assistant as one role.

I had meetings with Blue Cross and with WHSCC regarding their policies. Both groups were not well versed with the College and the accomplishments of the RMT's in the province. I took the opportunities to educate them.

Jocelyn Kielly officially joined the Board in September though she attended OSCE Examiner Training in Toronto in April. In January 2011, Joanne announced she would be stepping down as Chief Examiner. Jocelyn was able to step into this role with her past experience with the exam and her training. Joanne agreed to stay on with the AIT Committee as her and Amy Norris have been there since the beginning. Jocelyn also prepared the website to be upgraded. With the workload of the exam, she needed help with the Communications Committee.

Complaints regarding advertising and use of titles were filed in early 2011.

Plans were discussed to form a legislative sub committee to review the documents for changes that need to be made. This is a big task and will require volunteers. Karen Stone, Department of Health & Community Services graciously offered to meet with me with some potential changes that her and Sara Sexton had come up with 2 years prior. They were great suggestions and will require further discussion.

Our Public Members were still not appointed by our year end thereby holding up our approval of meeting minutes, voting on complaints, etc.

Jessica Parsons
CMTNL Registrar

COMMITTEE REPORTS

Interjurisdictional Consortium Committee

Negotiators: Joanne Emberley White and Amy Norris

Joanne Emberley-White and Amy Norris continue to represent the CMTNL on the Consortium of Massage Therapy Regulators. Amy travelled to BC the end of April 2010 for meetings of the Consortium. The meetings were to finalize the development of the Inter-jurisdictional competency, a final document consisting of an Entry-to-Practice Competency Profile for Massage Therapists and a Project Report with Recommendations was presented to each regulatory college. The Boards in British Columbia and Newfoundland and Labrador along with the Council in Ontario gave due consideration to the document. In all of the jurisdictions, *approval of the Entry-to-Practice Competency Profile* occurred as well as a commitment to move forward to the next phase in the development of Performance Indicators for all of the Practice Competencies pending Human Resource and Skills Development Canada funding. Performance Indicators are descriptors of tasks completed by massage therapists in meeting Practice Competencies. These Performance Indicators will provide direction for educational programs preparing students for entry-to-practice examinations as well as the examinations themselves. This approval has moved the profession of massage therapy from three jurisdictions with different but duplicate processes describing entry-to-practice competency standards to a national standard unifying the profession in its expectations of the individual entering the profession. This next phase will require broad collaboration and consultation with educators, associations in non regulated jurisdictions and regulatory colleges. This process moves the profession closer to national entry-to-practice examinations and a national presence in health care delivery. This next phase is expected to begin in the spring of 2011.

Registration and Examination Committee

Chair: Jocelyn Kielly

There were four administrations of the Certification examination in the 2010 -2011 fiscal year. The OSCE was held in the months of May, August, September and November 2010. All OSCE examinations went really well and we had a large support from our local Registered Massage Therapist that have committed to the process.

In April 2010, Jocelyn Kielly travelled to Ontario for Examiner training with the CMTO, this was to better enable her in assisting our current examiners and preparing them for the OSCE process.

In January 2011 Joanne Emberley-White stepped down as the Examination Officer to pursue other avenues of interest. In January 2011, Joanne announced Jocelyn Kielly as the new Examination Officer. Jocelyn is currently learning the roles of the

examination officer and the examination process and is enjoying her new challenge.

Examination Activity

The following summarizes the examination activity over the past year:

| Exam Dates | OSCE Esam | | MCQ Exam | |
|------------|----------------------|-----------------------------|----------------------|-----------------------------|
| | Number of Candidates | Number of Candidates Passed | Number of Candidates | Number of Candidates Passed |
| May | 5 | 2 | 1 | 1* |
| August | 31 | 12 | 16 | 10* |
| September | 20 | 4 | 30 | 19* |
| November | 32 | 11 | 13 | 7* |

* is the results of the MCQ for the month of June 2010

* is the results of the MCQ writes from the months of July and August 2010

* is the results of the MCQ writes from the months of September and October 2010

* is the results of the MCQ from the months of November and December 2010

Education, Quality Assurance, Scope of Practice (EQA) Committee

Chair : Rose Linstead

During this past year the Quality Assurance Committee has continued its work of updating our current policies and procedures. We have been striving to improve the quality of the program to insure members not only maintain their professional skills, but also continue to develop their knowledge of the profession through continuing education activities. This is an ongoing process and members patience has been greatly appreciated thus far.

The changes that have been made to the CEU manual has generated several questions regarding this current CEU cycle. I would like to remind members that they will not lose CEU's which were earned before these changes came into place but are no longer considered for credit. I would encourage each member to read the new policies so they can be aware of the changes that were made and what they are responsible for.

Several providers and members have submitted courses for CEU approval this year. There have been several online study courses as well as some have shown an interest in offering courses locally. We do not advertise for these providers, however we do encourage them to contact the NLMTA so their information can be forwarded on to our members.

As always we welcome any suggestions or feedback from members

Complaints Authorization Committee

Chair: Lee Miles

At this year end we are still awaiting the appointment of public members to the Board of Directors for the CAC.

There have been no new complaints forwarded by the registrar this year. There is one case still pending from last year, which awaits the appointment of a public member for its resolution.

Communications Committee

Chair: Jocelyn Kielly

The main goal of the communication committee this year was to revamp the website so that members of the public and college found it more convenient and efficient. The Web page is still a work in progress but should be finished in a few months. Each committee was also asked to develop an e-mail address for its committee to make communication more direct; this seems to have worked well overall.

The communication committee will continue to make improvements by finishing the updates to the website and strengthen the bridges of communication.

Finance & Administration Committee

Chair: Jessica Parsons

See Financial Documents

PROFILES OF DIRECTORS

Jessica Parsons, RMT - Registrar

Jessica was appointed as Registrar of the CMTNL in October of 2009. Prior to that she served as a Director (2008-2009) and Secretary/ Treasurer (2002-2005) with the NLMTA. A graduate of ICT Northumberland College in 2001, Jessica currently practises at Multi Care Therapeutics in St. John's.

Joanne Emberley-White, RMT, Chair

Joanne graduated from the College of the North Atlantic Massage Therapy program in 1999 and has been working as an RMT ever since then. She began her practice at Massage For Health in Mount Pearl where she continues to practice. Joanne became a board member of the College in June 2005. She is serving as the Chair of the College, the Examination Officer and sits on a number of other committees within the College.

Rose Linstead, RMT

Rose graduated from ICT Northumberland College in July 2006 and has been registered with the CMTNL since October 2006. She has been a member of the board of directors since February 2007 and has been involved in both the examination process as well as CEU requirements. She continues to practice in a multi-disciplinary clinic in St. John's.

Lee Miles, RMT

B.Sc. Human Biology from University of Guelph. B.Ed. from Nipissing University. Graduated from Canadian College of Massage and Hydrotherapy in Newmarket, ON. Originally registered with CMTO in 1997. Was a full time instructor in the Massage Therapy Program at Career Canada College in ON. Practiced in NL since 2002, currently at Health and Performance Centre in Corner Brook. Science teacher with NL Board of Education, western district since 2002. Assistant instructor with Canadian Ski Patrol System since 2006. Director with CMTNL since 2007.

Samantha Piercey, RMT

Graduated from the Canadian College of Massage and Hydrotherapy in Newmarket, Ontario in 2001. She started her own business, Natural Therapies, in 2002 and continues to practice there. Is on the board for the local YMCA. She joined the Board of the College in September 2010, and has an active role with the Complaints Authorization Committee, as well as the Education, Quality Assurance, Scope of Practice Committee.

Jocelyn Kielly, RMT

has been working as a Registered Massage Therapist since graduating from her program in 2009. She is a board member of the CMTNL, Chair of the Examination committee and proud member of the NLMTA. Her Volunteer efforts seem to increase from year to year and is a strong believer in educating the public on the benefits of Massage Therapy.



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