

# COLLEGE OF MASSAGE THERAPISTS of Newfoundland & Labrador

## Vision

The College of Massage Therapists of Newfoundland and Labrador is a regulatory authority that establishes the integrity and value of massage therapy as an integral and respected health care profession through nationally established standards and evidence-based outcomes.

## Board of Directors 2006-07

Sara Sexton, RMT - *Registrar*  
Joanne Emberley-White - *Chair*  
Rose-Anne Foss, RMT  
Lee Miles, RMT  
Amy Norris, RMT  
Anne E. Fagan

## Committees as of March 2007

Mutual Recognition Negotiators	Joanne Emberley-White - <i>Chair</i> Amy Norris
Education, Quality Assurance, Scope of Practice	Rose Linstead Lee Miles Amy Norris
Complaints Authorization	Ann Fagan Joanne Emberley-White - <i>Chair</i> Amy Norris
Finance and Administration	Sara Sexton - <i>Registrar</i> Joanne Emberley-White - <i>Chair</i>
Registration and Examination	Joanne Emberley-White - <i>Chair</i> Rose Linstead Sara Sexton - <i>Registrar</i>
Communications	Lee Miles Ann Fagan

P.O. Box 23204, Churchill Square, St. John's, NL A1B 4J9  
tel 709.739.7181 fax 709.739.7182 toll free 1.888.739.7181  
email: [info@cmtnl.ca](mailto:info@cmtnl.ca)

# Annual Report June 1, 2006 to March 31, 2007

We are pleased to present our annual report for the CMTNL from June 1<sup>st</sup> to March 31<sup>st</sup> 2007. As we changed our year-end to March 31<sup>st</sup>, based on our renewal cycle, this report will encompass that time frame.

## Legislative changes

We have met with our legislative advisor, Karen Stone, to make the changes to the Act and the Rules and Regulations. These changes were mostly language based with the NLMTB changing to CMTNL. We wanted all aspects of our governing documents to reflect this change. With an election pending, these changes will not be implemented until after the election, when the house comes into session again.

## Board of Directors

The board held its election of officers on February 28<sup>th</sup>, 2007. We are awaiting the appointment of our second public member. The profiles of all directors are included at the end of this report.

We would like to thank Bea Courtney who has held the position of Registrar over the past year and who completed her term as Registrar and Public member in February. Her contribution has been invaluable in our Board operations and Policy making, and she continues to be a strong support and resource for the College. We wish Bea every success as she continues her work in the Private sector.

## Registrations

The following chart shows the registration and renewal activity in the 2006-07 registration year: April 1, 2006 to March 31, 2007 by region.

### Registration activities April 1, 2006 - March 31, 07

	Renewals Active	Renewals Inactive	New Registrants	Total Registrants	Lapsed
Eastern - Northeast Avalon	90	1	16	107	
Eastern (excluding Northeast Avalon)	8			8	
Central	11		3	14	
Western	12			12	
Labrador - Grenfell	3			3	
Outside NL		5		5	3
Unspecified at time of registration			9	9	3
<b>Total</b>	124	6	28	158	3

## Examinations

### Exam structure

There were three administrations of the OSCE examination in the 2006-2007 year. In the past the OSCE examinations were normally only held in July and November. In order to accommodate NL students at CompuCollege, St. John's, an additional OSCE date was added for September 2006. You can find examination results in the chart below.

In April 2007, Amy Norris, CMTNL's Examination Officer traveled to Ontario to observe and have training in a new OSCE structure. This new examination which begins July 2007 will be decreased to 7 OSCE stations. Due to this change the Candidate Handbook has undergone another significant revision to reflect the new examination structure. One area of change to the handbook would be the addition of a dress code for candidates to help emphasize professionalism in the examination setting.

Exam Date	OSCE		MCQ	
	Number of Candidates	Number Passed	Number of Candidates	Number Passed
July 2006	9	7	43*	26
September 2006	19	17		
November 2006	9	2		
<b>Total</b>	<b>37*</b>	<b>26</b>		

\* Some candidates were repeats

## Complaints

Other than a few telephone complaints and e-mail inquiries, there has been little activity for the complaints committee. One disciplinary panel hearing and recommendation is still ongoing from last year, and will be followed until an appropriate resolution is made.

## Continuing Education

The College issued a jurisprudence exam to be completed this fall. The deadline for submission was extended to the date of our AGM October 2007.

The Education, Quality Assurance, Scope of Practice (EQA) committee focus this year was revising the Continuing Education Policy and Guidelines for Registrants. As we concluded our first CEU cycle, we felt that it was of great importance that we revise the policy and ensure that it was as clear and precise as possible. The Policy has been sent out to all registrants and is also available on our website.

We have also been busy with evaluating courses and assigning CEU credits. All course credits are also available on our website

## **Policy Development**

---

The CMTNL employed Pamela Hodgson to review our Standards of Practice. The subcommittee brought forward changes to the Code of Ethics decided upon last year.

## **Mutual Recognition Agreement**

---

Work continues on the agreement. There continues to be dialogue around this document and perhaps a meeting before year end. We anticipate other provinces coming on board when they achieve Legislation

## **Communications**

---

Activities have begun on revamping the website and the CMTNL information brochure of the College. Members will be advised of the changes when they occur.

## **Concluding Remarks**

---

We continue to grow as a College. Our executive board has been in place since February and has continued to work through old business and new. The appointment of our second public member will help us move forward with board development training.

## **Profiles of Directors**

---

### **Sara Sexton, R.M.T. - Registrar**

Sara graduated from CCMH in 1988 and practiced in Ontario until 1989. In 1990, Sara and the three other members of the NMTA formed the original association, which then became the NLMTA. She has served as director, vice president and president of the CMTA and as vice president and president of the NLMTA from 2000-2006. She maintains a full time practice in St. John's and has held the position of Registrar since February, 2007.

### **Rose-Anne Foss, RMT**

Rose-Anne graduated from ICT Northumberland College in July 2006 and has been registered with CMTNL since October 2006. She works at Massage for Health in Mount Pearl.

### **Lee Miles, RMT**

Lee graduated from the Canadian College of Massage and Hydrotherapy in Newmarket, Ontario, and holds a Bachelor of Science (Honours), specialized in Human Biology, minor in Biomedical Science from the University of Guelph, and a Bachelor of Education from Nipissing University, North Bay, Ontario. He joined the College of Massage Therapists of Ontario in 1997, and became registered with the NLMTB in 2002. His practice is located at the Health and Performance Centre, a multidisciplinary clinic in Corner Brook. Lee has taught clinical and science courses in a massage therapy program in Ontario. He also volunteers with the Canadian Ski Patrol System as a patroller and instructor.

### **Amy Norris, RMT**

Amy graduated from ICT Northumberland College in 2001, became a Registered Massage Therapist and opened a clinic in Badger's Quay. Amy now lives in Gander working full-time at Gander Massage Therapy Clinic and part-time at Atlantic Touch Massage Therapy Clinic in Badger's Quay. Amy was a founding director of the NLMTB and is the chair/examination officer of the examination process.

### **Joanne Emberley-White - Chair**

Joanne graduated from the College of the North Atlantic in 1999 and has been a Registered Massage Therapist since then. She began and continues her practice at Massage for Health in Mt. Pearl. She joined the board in June 2005 and has served as chair over this past year.

## **Public Members**

---

### **Anne E. Fagan**

Anne is a graduate of MUN with a bachelor of Commerce and an MBA. With more than 25 years' experience in human resources management, she has worked in the field with such organizations as St. Clare's Mercy Hospital and the Canadian Broadcasting Corporation. Currently she operates her own consulting firm, Fagan Consulting. Anne has participated in many volunteer Boards during her career, including the Community Services Council, the Faculty of Business Advisory Board and Royal Roads University HR Advisory Board. She is, at present, a member of the Board of Directors for the St. John's Jazz Festival and Eastern Edge Gallery.