

Vision

The College of Massage Therapists of Newfoundland and Labrador is a regulatory authority that establishes the integrity and value of massage therapy as an integral and respected health care profession through nationally established standards and evidence-based outcomes.

Committees as of March 2010

Mutual Recognition Negotiators
Joanne Emberley-White - *Chair*
Amy Norris

Education, Quality Assurance,
Scope of Practice
Rose Linstead - *co-chair*
Lee Miles - *co-chair*

Complaints Authorization
Lee Miles, *Chair*
Joanne Emberley-White
Rose Linstead

Finance and Administration
Jessica Parsons – *Registrar - Chair*
Joanne Emberley-White

Registration and Examination
Joanne Emberley-White - *Chair*
Rose Linstead

Communications
Lee Miles - *Chair*
Rose Linstead

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Board of Directors 2009-2010

Jessica Parsons, RMT – *Registrar*
Amy Norris, RMT – *Registrar (Resigned)*
Joanne Emberley-White, RMT - *Chair*
Rose-Anne Linstead, RMT
Lee Miles, RMT
Clayton Clarke, RMT
Paul Myers, RMT
Public Members - VACANT

PROFILES OF DIRECTORS

Jessica Parsons, RMT, Registrar

Jessica was appointed as Registrar of the CMTNL in October of 2009. Prior to that she served as a Director (2008-2009) and Secretary/ Treasurer (2002-2005) with the NLMTA. A graduate of ICT Northumberland College in 2001, Jessica currently practises at Multi Care Therapeutics in St. John's.

Joanne Emberley-White, RMT, Chair

Joanne graduated from the College of the North Atlantic Massage Therapy program in 1999 and has been working as an RMT ever since then. She began her practice at Massage For Health in Mount Pearl where she continues to practice. Joanne became a board member of the College in June 2005. She is serving as the Chair of the College, the Examination Officer and sits on a number of other committees within the College.

Rose Linstead, RMT

Rose graduated from ICT Northumberland College in July 2006 and has been registered with the CMTNL since October 2006. She has been a member of the board of directors since February 2007 and has been involved in both the examination process as well as CEU requirements. She continues to practice in a multi-disciplinary clinic in St. John's.

Lee Miles, RMT

B.Sc. Human Biology from University of Guelph. B.Ed. from Nipissing University. Graduated from Canadian College of Massage and Hydrotherapy in Newmarket, ON. Originally registered with CMTO in 1997. Was a full time instructor in the Massage Therapy Program at Career Canada College in ON. Practiced in NL since 2002, currently at Health and Performance Centre in Corner Brook. Science teacher with NL Board of Education, western district since 2002. Assistant instructor with Canadian Ski Patrol System since 2006. Director with CMTNL since 2007.

REGISTRAR'S REPORT

- Amy Norris served as Registrar from April to September 22, 2009

Although the CMTNL's directors did not officially meet during the summer of 2009, there was still continued activity. With the help of our hard working administrative assistant, Genie, and consultation with our lawyer, numerous registration inquiries and concerns were dealt with and registration renewals were finalized.

The directors voted to adopt the CMTO's policy on the use of Acupuncture.

One complaint remains ongoing from the 2008-2009 year and two new complaints were filed.

A member of the NLMTA executive attended a meeting with Medavie Blue Cross on behalf of the CMTNL, his report from the meeting discussed a massage therapy review that Blue Cross conducted outlining their concerns with massage therapy providers, and then recommendations and outcomes were shared. As a result of this review, Medavie Blue Cross will be updating all massage therapy provider contracts.

I officially resigned from the CMTNL on the early morning of Sept.22, 2009, with great surprise (3 weeks earlier than expected) the birth of my daughter took place later that evening. After 7 years with the CMTNL I was ready to enter into a new chapter of my life. I cannot begin to describe how much I have learned and how much I have grown professionally since my first board meeting in 2002. Being one of the founding directors of this organization has been a very rewarding experience. I look forward to continued work for the College as a representative on the Massage Therapy Consortium. I wish nothing but the best to all current and future Directors and want to thank all of those who I have had the pleasure of working with in the past 7 years! Cheers!

Amy Norris, RMT

- Jessica Parsons began serving as Registrar on October 18, 2009.

I accepted the position of Registrar at a time when the CMTNL was going through a transition phase. It has been a challenging time as several of the Board members were having children and trying to balance their volunteer duties. They are to be commended for their dedication. We also had our Registrar resign for the same reason. Besides that, our 2 public members stepped down from their positions on our Board of Directors. Since that time, we have not heard from Government to appoint new public members. This has put our complaints process on hold which has been frustrating to us and to those involved.

In becoming familiar with the duties of Registrar, I am now aware of the mass amount of work required by us under the Act. At this time I encourage any registrants to get involved with the College as volunteers. We can always use extra help on our sub committees. Currently we have many areas that we simply don't have the time to focus on. These include our website and changes and additions to our legislation.

Our AGM took place on December 5, 2009. During this meeting we distributed our Annual Report.

We had our election for Board members via mail in ballot and Clayton Clarke and Paul Myers were elected.

Since October, we have had no new complaints. However, there were a few instances of violations to our advertising policy. These were dealt with on the Registrar's level.

I had the pleasure of travelling to Corner Brook in March to meet with the current students of the Massage Therapy Program at Academy Canada. We had a question and answer period about our exam process that went well.

As always, Genie Johnson has been extremely helpful with the administrative duties for the CMTNL. She and I remain in close contact to ensure emails and phone messages are responded to in a timely fashion.

In the coming months, I see some interesting changes for the College. I would like to see more of us involved in the running of the College and to strengthen our legislation documents to ensure protection of the public and the integrity of our profession.

Here's to another year!

Jessica Parsons

COMMITTEE REPORTS

Mutual Recognition Committee (AIT)

Negotiators: Joanne Emberley White and Amy Norris

Joanne Emberley White and Amy Norris have continued as the representatives for the CMTNL on the Massage Therapy Consortium which has been working on a Inter jurisdictional Competency Profile. The Massage Therapy Consortium has met twice face to face during the 2009-2010 year, as well as taken part in several teleconferences and communicated continuously via email.

In September 2009 the consortium met in St. John's, NL. During these meetings the consortium created the **Job Task** Document for the competency profile. Also, one representative from each provincial association of non-regulated jurisdictions were invited to attend an information session about the project.

The work of the Consortium continued in November in Toronto, ON. The competency statements were refined and organized in a conceptual outline which clustered components in a user friendly manner. The issues of complexity and entry level proficiency were dealt with and a working framework was created.

The next project of the consortium was to put out the validation survey. The validation survey was made available on line for the month of March through the three regulatory colleges to all active registrants. The purpose of the survey was to obtain a broad base of input in three distinct areas based upon the **Job Task** statements. Respondents were asked to indicate the *importance, the frequency of use and if the job task is an expectation at entry to practice level*. The three regulatory colleges provided incentives for participants who complete the entire survey.

The Consortium will meet in British Columbia April 30th, May 1st and 2nd. As well Invitations were sent to Associations of Schools and Professional Associations to send a maximum of two representatives each to attend an open session on Saturday May 1st. This will facilitate a fulsome discussion on the information collected in the validation survey, as well as to obtain feedback on the completed competency profile.

It is the goal of the consortium to provide a full report to their respective boards/council. Subject to the regulatory bodies' acceptance of the report and recommendations, it is the intent of the Consortium to approach Human Resources and Skills Development Canada for financial support to move on to the next phase of developing Performance Indicators (for assessment) and eventually Curriculum Outcomes.

Education, Quality Assurance, Scope of Practice (EQA) Committee

Co Chairs : Lee Miles & Rose Linstead

The Education, Quality Assurance, Scope of Practice (EQA) committee focus was on reviewing CEU submissions from this past credit cycle. There were numerous members that sent us incomplete forms, or even some with no submission at all. These members have been contacted and asked for further information. As a result of this process the need for ongoing review of portfolios was evident, which we hope to start in the upcoming year. We have also worked to update CEU submission forms in hopes to make record keeping and submissions easier for members.

There have been several changes to our policies and guidelines which will be sent to all members as well as updated on our website once completed. This is an ongoing process which we hope to have completed in the early new year.

There have also been several course evaluations as well as ongoing general inquiries regarding our policies.

Registration & Examination Committee

Chair: Joanne Emberley White

There were three administrations of the OSCE certification examinations in the 2009-2010 fiscal years. Over the past year I have been working behind the scenes is training more support staff and increasing the number of experienced examiners to ensure that the College can continue to uphold the highest standard in the examination process.

March 2010 the new Examination handbook was released. There were notable changes that had occurred in formatting and structure of the handbook.

The following chart is a record of the Certification examinations that have taken place from April 1, 2009 to March 31, 2010. April MCQ results are reflective of the March 2009 OSCE exam, which was reported in the last annual report.

MCQ Exam	OSCE Exam
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Exam Dates	Number of Candidates*	Number of candidates Passed	Number of candidates*	Number of candidates passed
April 2009	13	8		
July 2009	9	8	18	10
September 2009	19	18	22	14
November 2009	3	3	7	6

*there are a number of repeats

All examinations ran very smoothly over this past year. I would like to personally applaud and thank all of those that have been involved in the examination process. Our Examiners and Support Staff show amazing dedication and professionalism to the Certification exam and because of them the CMTNL can continue to hold our exam to the highest possible standard.

Complaints Authorization Committee

Chair: Anne Fagan

Please note that although the fiscal year is April 1, 2009 - March 31, 2010. I can only report on the period of April 1, 2009 to October 31, 2009, the date of my resignation from the College Board.

There were no complaints referred to the Complaints Authorization Committee in the period of April 1, 2009 to my resignation date - October 31, 2009. One complaint, which was a carry-over from the previous year, was a very complex and multi-layered one and had been referred to our solicitor for advice. On his advice, we referred this complaint to an individual specializing in investigations. This investigation began in April, 2009 and concluded in December, 2009. This investigation was a thorough job and provided adequate information in order for the College to move forward as per legislative requirements. At the time of my resignation, no action had been decided. No other complaints were referred to the CAC during the seven months of my term as Chair of the Complaints Authorization Committee.

The committee has been busy furthering the process on allegations filed with the registrar. A private investigation was carried out, and has been reviewed. The loss of our public members has

meant a restructuring of the committee, which is now comprised of Lee Miles, Rose Linstead and Joanne Emberley White.

Communications Committee

Chair: Lee Miles

The year has been uneventful for communications. Updates to the website were made throughout as needed. Further revisions and additions are planned for the upcoming year.

Finance & Administration Committee

Chair: Jessica Parsons