

**COLLEGE OF MASSAGE THERAPISTS OF NEWFOUNDLAND AND LABRADOR  
COURSES APPROVED FOR CONTINUING EDUCATION UNITS (CEUS)**

The list of courses approved for Continuing Education Units (CEUs) will be added to and updated regularly. If you have participated in a course not listed here please contact the Board (see [www.cmtnl.ca](http://www.cmtnl.ca) for contact information) with all relevant information regarding the course and it will be reviewed for approval.

In addition to this listing, the College of Massage Therapists of Newfoundland and Labrador accepts for CEUS those courses that have been approved by the College of Massage Therapists' of Ontario (CMTO). The CMTO listing of approved courses may be accessed on their website at <http://www.cmtol.com/disted/client/searchmod.asp>.

The approval of courses and workshops for CEUs by the Education, Quality Assurance, Scope of Practice Committee does not mean all of these courses are within our Scope of Practice, or that we are sanctioning them. We encourage therapists to choose activities for CEUs in relation to the benefit they will have on the quality of skills and practice as a massage therapist.

The Continuing Education Policy and Guidelines for Registrants may be found on our website [www.cmtnl.ca](http://www.cmtnl.ca) under Downloads.

**CEUs – COURSES APPROVED BY THE COLLEGE MASSAGE THERAPISTS’ OF  
NEWFOUNDLAND AND LABRADOR AS OF JANUARY 25 2006:**

Course	Provider	Primary Credits		Secondary Credits	
		Hours	CEU's	Hours	CEU's
Kinesio Taping	Kinesio Taping Canada	14	7		
CMTNL Jurisprudence Open-book Review	CMTNL	3	1.5		
Jenings Seminar Group: <i>The Cervical Region</i>	Jenings Seminar Group	7	3.5		
Trimesters Massage Therapy Education: <i>Massage Therapy for Pregnancy</i>	Trimesters Massage Therapy Education:	20	10		
Trimesters Massage Therapy Education: <i>The RMT as Labour Support Provider</i>	Trimesters Massage Therapy Education:	20	10		
Nagi Iskander: <i>Cranio-Sacral Therapy, Standard Course 1</i>	Nagi Iskander, M.B.Ch.B., RMT	32	16		
Cryotherapy: <i>It's Application in Massage Therapy</i>	Harold Packman, LMT, RMT	4	2		
Medical Massage: <i>Working with Parkinson's Disease</i>	Harold Packman, LMT, RMT	3	1.5		
Medical Massage: <i>Working with Cerebro-vascular Accident/Stroke</i>	Harold Packman, LMT, RMT	3	1.5		
Medical Massage: <i>Working with Emphysema or Asthma</i>	Harold Packman, LMT, RMT	3	1.5		
Manupractic Structural Integration Series: Based on one module	International Maunpractic Institute	16	8		
Right Use of Power: <i>Ethics for the Helping Professions</i>	Cedar Barstow M.Ed., C.H.T.	13	6.5		
Schweitzer's Deep Tissue Therapy	Schweitzer's Deep Tissue Therapy	21	10.5		
Selkirk Massage Therapy: <i>Introduction to the Treatment of Myofascial Tissue</i>	Selkirk Massage Therapy	7	3.5		
Selkirk Massage Therapy: <i>Advanced Treatment of Myofascial Tissues: Shoulder Complex</i>	Selkirk Massage Therapy	7	3.5		
Cepd.ca LTD: <i>Lymphatic System</i>	<a href="http://www.cepd.ca">www.cepd.ca</a>	2	1		
Cepd.ca LTD: <i>Neurology: The Brain</i>	<a href="http://www.cepd.ca">www.cepd.ca</a>	2	1		
Functional Orthopedic Assessment and Treatment	Marcel Charland Selkirk Massage Therapy	4	4		

Course	Provider	Primary Credits		Secondary Credits	
		Hours	CEU's	Hours	CEU's
(continuing lecture series): <i>Hip and Pelvis</i>					
Functional Orthopedic Assessment and Treatment (continuing lecture series): <i>Foot, Ankle and Knee</i>	Marcel Charland Selkirk Massage Therapy	8	4		
Functional Orthopedic Assessment and Treatment (continuing lecture series): <i>Lumbar, Thoracic and Cervical Spine</i>	Marcel Charland Selkirk Massage Therapy	8	4		
Functional Orthopedic Assessment and Treatment (continuing lecture series): <i>Shoulder, Elbow and Cervical Spine</i>	Marcel Charland Selkirk Massage Therapy	8	4		
Inner Access 101: <i>Intuition and Channeling Higher Wisdom</i>	Inner Access 101			24	12
Inner Access 101: <i>Regression Works</i>	Inner Access 101			40	20
Professionally Speaking – Bridging the Gap: <i>Don't Sell Yourself Short...Present with Power</i>				3	1.5
Professionally Speaking – Bridging the Gap: <i>Chairmanship and Parliamentary Procedure</i>				3	1.5
Professionally Speaking – Bridging the Gap: <i>Communicating with Difficult People</i>				3	1.5
Pelvis II (The Iliac)	Mike Eddy	30	15		
Assessment Tools & Techniques	Mike Eddy	7.5	3.75		
Introduction to the Cervical Fascia	Mike Eddy	8	4		
Pelvis I: The Sacrum	Mike Eddy	17	8.5		